



# IAS PARLIAMENT

*Information is Empowering*

A Shankar IAS Academy Initiative

**12/08/2020 - History**

An emotionally integrated India offers the best defense against both internal and external threats and challenges. In the context of the freedom struggle, analyse.  
**(200 Words)**

**Refer - [The Indian Express](#)**

***Enrich the answer from other sources, if the question demands.***



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