

# FDA's measure to address nicotine addiction

#### Why in news?

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The 'U.S. Food and Drug Administration'-FDA has proposed to reduce the amount of nicotine in cigarettes to non-addictive levels.

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### What is nicotine?

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- Nicotine is an extremely addictive substance that is present in cigarettes.  $\slashn$
- It does not directly cause cancers and other diseases.  $\space{1mm}\space{$
- But by keeping smokers addicted for the long term it exposes them to nearly 7,000 harmful chemicals every time they smoke. n

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#### What is the significance of the proposal?

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- This is a new dimension towards addressing addiction & reducing cancer.  $\slash n$
- It may reduce the likelihood of new users (those in the 15-24 age group) getting addicted to cigarettes.
- It increases the chances of habitual smokers being able to quit.  $\space{1mm}\space{1$

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### What are the other popular smoking control measures?

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- E-cigarettes are considered an alternative to help smokers quit the habit.  $\space{\space{1.5}\s$
- A significant increase in the quitting rate among smokers has been seen with e-cigarette use.  $\sc{n}$
- FDA has made selling e-cigarettes to children illegal to effectively address the growing concern about children smoking them.  $\n$
- But the current FDA's proposal doesn't seek to regulate nicotine in ecigarettes.

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## What is the scenario in India?

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- India has followed most of the measures mentioned in the 'WHO Framework Convention on Tobacco Control guidelines.  $\n$
- Unlike the U.S, India had banned to bacco advertisements long ago.  $\ensuremath{\sc n}$
- It introduced pictorial warnings covering 85% of the front and back of packages of tobacco products.  $$\n$
- It has also prohibited the use of positive descriptions like mild, flavoured on labels.

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• The number of tobacco users reduced by more than eight million between 2010 and 2016.

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• Legal prohibition of the sale of e-cigarettes to minors has not been done yet.

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# What lies ahead?

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• There is the possibility that tobacco companies will aggressively target developing countries.

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- It is important for the Indian government to remain resolute in not losing the gains made in the last few years.  $\gamman \ensuremath{\sc n}$ 

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#### Source: The Hindu

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