

# **Food Security and Nutrition in the World**

#### What is the issue?

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The UN's State of Food Security and Nutrition in the World report points to a
worrying trend on food security at global level.
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## What are the highlights?

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• Absolute numbers of people facing <u>hunger and poor nutrition</u> have always been high.

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• However, there was a reduction in the rate of <u>undernourishment</u> since the year 2000.

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- But that has slowed from 2013, registering a worrying increase in 2016.
- Around 815 million people endure <u>chronic food deprivation</u> in 2016, as against 775 million in 2014.

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• The deprivation is greater among people in conflict-affected and climate change events affected regions.

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• Contrastingly, the report says that <u>child undernutrition</u> rates continue to drop.

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 $\bullet$  However, one in four children is still affected by stunting.  $\ensuremath{^{\text{h}}}$ 

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#### What are the causes?

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• The above numbers are averages and do not reflect the disparities among regions, within countries and between States.

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• Nevertheless, the common factors making food scarce and expensive for many are:

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i. the impact of the economic downturn

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ii. many violent conflicts

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iii. fall in commodity export revenues

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 $\ensuremath{\mathrm{iv}}.$  failure of agriculture owing to drought and floods

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• The findings represent a setback to all countries trying to meet the Sustainable Development Goal

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i. on ending hunger

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ii. achieving food security

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 ${\it iii.}$  improved nutrition

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#### What is the case with India?

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• India's efforts at improving access to food and good nutrition are led by the National Food Security Act.

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• There are special nutritional schemes for women and children operated through the States.

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- Despite these, 14.5% of the population suffers from undernourishment.
- At the national level, 53% of women are anaemic.
- Thus, Centre and State governments fall short on the commitment to end undernourishment.

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• Institutions such as the State Food Commissions have not made a big difference either.

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• Distributing nutritious food as a public health measure is still not a political imperative.

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## What is the way forward?

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• Families below the poverty line consume more cereals and less milk compared to the affluent.

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- NITI Aayog's report on the role played by rations in shaping household and nutritional security highlights this.
- Complementing rice and wheat with more nutritious food items should be the goal.

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• The report on nutritional deficiency calls for evaluating the role played by the Public Distribution System.

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• Assessing dietary diversity for those relying on subsidised food is crucial.

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### **Source: The Hindu**

