



## Reforming Healthcare Systems

### What is the issue?

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- The West Bengal Clinical Establishment Regulatory Commission has fined Apollo hospital chain Rs 30 lakh over the death of a 4-month-old.
- The commission was set up in response to widespread public protests over **mistreatment and overcharging**.

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### What did the WHO recommend?

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- WHO representative in India had sought **regulation of the private healthcare sector**.
- It also asked the government to consider tax based financing of universal health coverage.
- This, along with a degree of regulation of private delivery can achieve something meaningful.

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### What is the present state of healthcare?

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- There is a **massive shortfall in state delivery** of affordable healthcare.
- Therefore, people are forced to turn to private deliverers and becoming

prone to overcharge and underserve.

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- Over 80% of what Indians spend on healthcare is out of pocket.
- In 2016-17 state and central governments spent **1.4% of GDP** on health compared to a **global average of 5.99%**.
- The far greater challenge is to improve the quality of management of the public health service.
- So that the enhanced state funding translates into at least somewhat acceptable delivery.

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### What are the problems?

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- Lack of functioning primary health centres across the country which have doctors, paramedics and a stock of essential medicines to distribute.
- Over concentration of new super speciality hospitals.
- A lot of investment has been made in equipment but there is often an issue with staff being posted to run them.
- The **national doctor patient ratio** is poor compared to international benchmarks, but the ratio for rural areas is even worse.
- This is because doctors are reluctant to move out of urban areas.

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### What might be an effective solution?

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- Make district hospitals into teaching hospitals where a **preference is given to local students**.
- This increases the chances of them working in areas where they come from.
- Rural areas also face a severe shortage of paramedics.

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- Have more nursing colleges and train the students to become '**nurse practitioners**', who can deliver basic diagnosis and prescribe essential treatment.

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- Two-year courses for nurse practitioners in critical care have been started.

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**Source: Business Line**

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