The challenge of Tuberculosis

What is the issue?

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India has seen slight progress in dealing with TB but much remains to be done.

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What are the statistics?

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• From an estimated 2.84 million new cases in 2015, the number dropped marginally to 2.79 million in 2016.

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• In terms of mortality, the drop was from 0.51 million in 2015 to 0.43 million in 2016.

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• The number of deaths and the incidence rate have been falling both globally and in India.

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• Drug resistance has also increased drastically over the years.

• More than 0.58 million people had TB strains that were resistance to the drug 'Rifampicin' alone.

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• Also, estimate of multi-drug-resistant TB cases increased marginally to 84,000.

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 \bullet But only 33,000 people were enrolled for suitable treatment. $\mbox{\ensuremath{\backslash}} n$

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What are the targets?

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- 'End TB strategy'envisions global reduction of 20% in incidence and 35% in mortality by 2020, taking 2015 as the base year.
- To reach that target, the global drop in incidence has to be 4-5% a year which is currently only 2%.
- Achieving the targets will largely hinge on India as it accounting for the highest TB incidence (23%) and mortality (26%) globally. $\$

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What is the strategy ahead?

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- Notification Recording and notifying the WHO about every diagnosed patient is an important first step.
- While notifying has considerably improved over the past few years, more than 25% gap between incidence & reporting still exists.
- Though notification was made mandatory in 2012, multiple surveys indicate large scale under-reporting.
- **Prevention** Baby steps have been taken to offer preventive TB treatment to a small (5%) number of people who are HIV-positive. \n
- Also, few children who were faced with a higher risk of contracting TB were also offered such care.
- **Funding** Notably, of the total fund of \$500 million for handling TB, domestic funding has accounted for 74%.
- $\hbox{- While, improved domestic funding is a positive, much more is needed in terms of funds and institutional commitments.} \\ \verb|\n| \\$

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Source: The Hindu

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