

# The Next Pandemic

## Why in news?

The WHO Director-general at the 76th world health assembly has cautioned against the threat of emerging pathogens.

## What is a pandemic?

- A pandemic is a disease outbreak that spreads across countries or continents.
- COVID-19 is one such pandemic in recent years, which led to waves of infections and deaths in all countries.
- The World Health Organisation (WHO) declared that COVID-19 was no longer a <u>Public Health Emergency of International Concern</u>.
- The virus continues to have reservoirs in animals, but the likelihood to turn into a pandemic or public health threat is small.

## How do pandemics happen?

- **Air travel** Ease of travel makes it likely for infections to spread to a large number of populations and countries.
- **Urbanisation** Large number of people living in close proximity.
- Travel and density of population has played a role in previous pandemics as well.
- The Spanish Flu of 1918 happened towards the end of World War I and spread through congested and overcrowded camps.
- The deadliest pandemic Black Death is also thought to have come to Europe with rats that were aboard trading ships.

## How has climate change impacted outbreaks and pandemics?

- Climate plays several roles in outbreaks and pandemics.
- Deforestation and encroachment of habitats of other animals has brought the humans and animals closer.
- This increased human-animal interactions has led to more zoonotic transfer of diseases.
- The climate itself may change the habitats of the disease-carrying vectors.
- For example: The geographical range of dengue in the country expanded to hilly and colder regions.
- Climate change also leads to extreme weather events that can displace people and force them to live in poor hygienic conditions.

• Climate change may increase the risk of '<u>viral spillover</u>' in some regions that could cause new pandemics.

### What are pandemic potential pathogens?

- **Pandemic potential pathogens** The bacteria, viruses, or microorganisms that are highly transmissible capable of spreading unchecked amongst humans and highly virulent capable of causing severe disease and death.
- Coronaviruses are one such pathogens that has pandemic potential.
- **Priority List** The WHO has a priority list of pathogens that are pandemic potential and don't have adequate drugs and vaccines against them.
- This list acts as the basis for prioritising research for developing diagnostics, drugs, and vaccines for these diseases.
- The list includes -

priority disease	Fatality rate	Recent outbreaks
CCHF	10%-40% <sup>38</sup>	Pakistan, 2010. <sup>39</sup>
Filoviruses (Ebola and Marburg)	24%-90%	West Africa, 2013–2016 and DRC 2017 and 2018 (Ebola). Uganda and Kenya, 2017 (Marburg).
Lassa fever	1-15% <sup>43</sup>	Annual recurring outbreaks in West Africa. <sup>44</sup>
MERS-CoV	~35%	Saudi Arabia, 2013–2018. South Korea, 2015.
SARS	~10% <sup>47</sup>	Global, 2003.47
Nipah and henipaviral diseases	~30%	Bangladesh, 2004. India, 2018. <sup>50</sup>
Rift Valley fever	<1% <sup>51</sup>	Republic of Niger, 2016. <sup>51</sup>
Zika virus disease	Not fatal	South and North America, 2015–2016.
Disease X		

• The list also includes '<u>Disease X</u>' which represents a serious international epidemic could be caused by a pathogen currently unknown to cause human disease.

#### What is the way forward?

• The countries and healthcare systems are required to prepare for such future

pandemics.

- A one-health surveillance that can track outbreaks in both human and animal population.
- Recently, the WHO has launched the <u>International Pathogen Surveillance Network</u> (IPSN).
- Government should ensure sanitation and hygiene to reduce infection risks.
- There is a need to keep the health systems ready for a health emergency including systems to quickly come up with diagnostics, drugs, or vaccines.
- Similar Topics WHO's Pandemic Treaty, India's APPI and AHSSOH

#### References

1. <u>IE - Why the WHO Director-general has cautioned against the threat of emerging pathogens</u>

