

If there are more women in work force, there will be better food security in the country. Do you agree with this view? Comment.

United Nations defined Food security is that all people, at all times, have, physical, social & economical access to food. According to the study by Indian Statistical Institute (ISI) & The International Crops Research Institute for the Semi-arid Tropics (ICRISAT) shows the need to enhance female participation in ensuring food security.

MORE WOMEN IN WORK FORCE, MORE FOOD SECURITY.

\* Growing Gender Gap in Food Security.

As many years, as 828 million people were affected by hunger 2021. Among them 150M more women are included.

\* Gender inequality & Malnourishment.

- States with high gender equality experienced the lowest level of Food security.  
eg: States like Bihar is extreme vulnerable to Food security & Malnutrition.

\* Women Bear Bigger Burden:

- The responsibilities like child bearing, Adult ch caring other household chores increases Burden & it leads to quitting their job, skipping meals etc.

\* Women more likely to live in poverty.

: High Malnutrition level among women & girls shows that they are at vulnerable stage.

Through different initiatives by public & private entities can increase women workforce participation.

\* Employment in paid activities:

→ Promoting more public & private employment programmes like extending MGNREGS works to tribal areas.

\* Women in leading & decision making position helps them to more diverse dietary practices.

\* Incentivize <sup>enhance</sup> unpaid activities like working on a family farm & livestock rearing through the policies like PM-KISAN, PM Mudra loan etc.

encourage women lead startups through Startup India Mission.

\* Rural women are the key elements to food security

Training them with new skill & technologies helps to empower them & ensure participation of SHGs like Kudumbasree in Kerala.

\* Gender budgeting in state & centre levels helps to address Food security.

\* Access to digital world is an essential part. Example - Mahila e-Haats for marketing.

Thus, through various women empowerment initiatives can ensure women labour force participation & thereby <sup>achieve</sup> Food security. Achieving All SDGs depends on women empowerment & food security.