

Expanding biosphere reserves across the world will help millions of people realise better future substantiate

Biosphere reserves are UNESCO designated natural and cultural landscapes extending over large areas of terrestrial, coastal or both.

They tries to balance economic and social development and maintenance of cultural values along with mutual co-existence of people and nature.

They are minimally disturbed which sustain a viable biological diversity conservation with involvement of local communities.

Biological reserves helps in sharing knowledge, exchanging experiences, building capacity and promoting best practises.

In a time when earth's carrying capacity has been exceeded this reserves will help us to revert to line in harmony with nature.

Thus

- a) breathing clean air
- b) have access to enough food and good water
- c) eat nutritious and affordable food
- d) Living with dignity can be achieved.

Fast paced growth and rapid destruction of natural resources have posted long term threat to human survivability besides pandemic and armed conflicts

Such as

1. biodiversity loss

2. Climate change

3. Pollution and population dynamics.

Instead of driving beyond technology to solution for all problems can be shifted increasing more biosphere reserves.

Especially India having 12 Biosphere reserve can look upto increase the number with collaboration of world network of biosphere reserve in North eastern states and himalayan region.

These biosphere reserve which act as buffer zones of environmental impacts will help in realisation of better future to millions of people.