

7 March 2023.

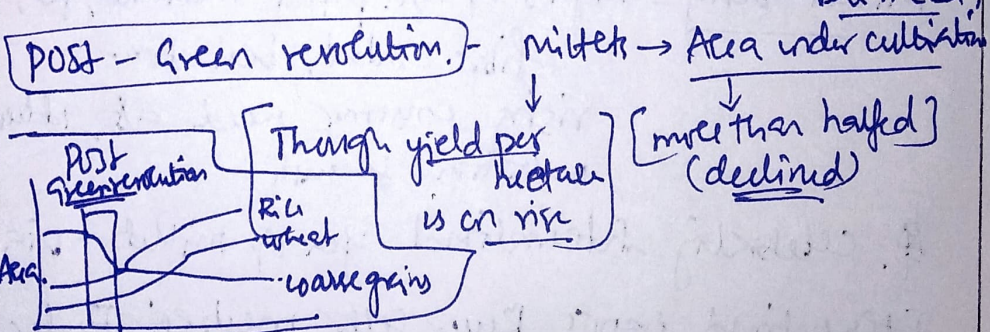
953 - Agriculture

3. Millet being a healthy & climate friendly solution are certainly, can solve the problems of malnutrition in the country. Explain

Millet is one of coarse grain cereals; highly nutritious, gluten free, healthy & well as climate friendly, can potentially solve issue of climate malnutrition & food & nutrition security.

millet consumption in India

Traditionally - upto 3000 BC → nutrition in our food basket was well balanced.



why millet consumption declined?

Shift to soft cereals → like rice, wheat due to sophisticated technologies and government policies → Input support & minimum support price.

concern: highest India - one of malnourished children. National family health survey - 5 → starving - 36%.

Initiatives to bring back Millets

1. India's G20 president → MIRA [Millet International Initiative for Research & Awareness] balance between food & nutrition security.
2. Strengthen Agri. Marketing Info System (AMIS) under discussion - G20 Agriculture meetings.
↳ provide info. on critical inputs in marketing
3. changing consumerism → Ready to Eat food - Millet being - high shelf life, potent nutrient, fiber content, best for rising consumer need, also address nutrition security
4. celebrating International year of millet - via International expos, Buyer seller meet of Foodex
5. Leverage research → Indian Institute of millet research as Centre of excellence in budget 2023 → to make India - hub for "Shree Anna"

Way forward

Malnutrition, life style disease, reduced nutrient intake require multi pronged approach - Millet is one such healthy & climate friendly approach.