

(Please do not write anything except the question number in this space)

कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.
Content of the Question is more important than length.
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस दृष्टिकोण में नहीं लिखना चाहिए।
Candidates must not write on this margin

Q Federalism is the most probable tool to implement the National suicide prevention strategy effectively. Analyse

↳ Ministry of Health and Family Welfare announced a National suicide prevention strategy, with time-bound action plans and multi sectoral collaboration, to achieve reduction in suicide mortality by 10% by 2030.

↳ India & Suicide

↳ In India more than 1 lakh lives lost every year to suicide and it is top killer in the 15-29 years strategy

↳ In past 3 years, suicide rate increased from 10.2 to 11.3 per 100000 Population as per MHW document

↳ The most common reason for suicide rate include family problem and illness, which account for 34% and 15% all suicide related deaths.

↳ strategy

↳ Effective surveillance mechanisms for suicide within next 3 years.

↳ Establish psychiatric Outpatient department through District Mental Health Programme in all district within next 5 years

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↳ Integrate mental well being curriculum in all educational institutions within next 8 years.

↳ Developing guidelines for responsible media report of suicides and restricting access to means of suicide.

↳ strategy is in line with WHO's South East Asia Region strategy for suicide prevention, it says it will remain true to India's cultural and social milieu.

Way Forward.

↳ ~~the~~ collaborative effort are now required to prevent suicide as a public health priority. Suicides impact all sections of the society and thus require concentrated and collaborative efforts from individuals and community at large.