

If there are more women in workforce there will be better food security in the country. Do you agree?
Comment

Introduction:

A Study by researchers of Indian Statistical Institute and Int. crop research institute for semi-arid tropics (ICRISAT) shows improved nutritional intake in household with working women

The study covers 18 villages from 5 states. This study shows that increased participation of women in labour force enhance dietary diversity of household which is good indicator for household level food security.

As women directs a greater share of resource towards a richer nutrients ensuring liquidity allows for the purchase of more diversified food basket. Thereby increasing nutritional intake of the households

Researchers involved in project find that employment in paid activities shows that improves dietary diversity by increasing women's involvement in household decision making & exposure them to more diverse dietary practices & eating patterns.

This study shows that improved household dietary diversity along with better eating with the empowered women also have better

Control over the food choices they make for themselves
as well as their children off as pernicious
effects of an increased time burden

The findings from study underscore
the potential to harness synergies b/w nutrition
enhancing and female employment generating schemes
to address the malnutrition challenges faced by the
developing countries.

Conclusion:
governments should take steps to
increase women's participation in the rural
labour by designing appropriate institutions, technologies,
financial & market interventions.